

# HMS PTA Presents

the

# Health and Wellness Committee



As parents and educators, we can positively impact the **attitudes, activities** and ultimately the **future health** and **lifestyles** of our students.

Through partnering with many of you health-conscious parents, we provide *interesting, fun, and Practical* community events for our students and families at Huntington Middle School.

Please **join us** as a member of this active committee in implementing healthy ways to engage, inform, and entertain our middle school community.

No special skills are needed;  
just bring your ideas and enthusiasm!

If interested please e-mail Holly Yamada ([hyamada@verizon.net](mailto:hyamada@verizon.net))  
or Denise Wadsworth ([dwadsworth@smusd.us](mailto:dwadsworth@smusd.us))